SIGNS OF ALCOHOL POISONING

You should call 911 if you see someone exhibiting behavior that might indicate alcohol poisoning. Symptoms may include any of the following:

Cold, clammy, pale, or bluish skin
Unconscious or unable to be roused
Puking repeatedly or uncontrollably
Slow or irregular breathing

After you call 911, place the person on his/her side with knees bent to prevent choking from vomiting. Do not leave that person alone!

WEBSITES TO KNOW

OFFICE OF THE DEAN OF STUDENTS
uodos.uoregon.edu

iHOST
www.541host.com

PREVENTION LANE
www.preventionlane.org

UO OFF-CAMPUS LIVING GUIDE
http://joom.gl/5dmX

EUGENE POLICE
KNOW THE LAW HANDOUT
http://goo.gl/goHpHc

UO OFF-CAMPUS LIVING GUIDE
http://goo.gl/p4CywP

NUMBERS TO KNOW

SAFE RIDE
541-346-RIDE

UOPD
541-346-2919

EUGENE POLICE
(NON-EMERGENCY)
541-682-5111

OREGON TAXI
541-434-8294

BUDGET TAXI
541-682-TAXI

OREGON TAXI
541-747-BLUE

Don't be afraid to call 911 for help!
Here are some simple ways to keep your party fun, safe, and friendly. As a host you are responsible for the safety and well being of your guests. Familiarize yourself with local policies and laws.

» Plan your guest list and site for hosting the event.
» Set your Facebook event invitation to private to keep your party on your terms.
» Designate sober host(s) to monitor the event and ensure a safe party.
» Let your neighbors know that you’ll be throwing a party. Give them your contact information so they call you before they call the police.
» Plan to serve water, non-alcoholic drinks, and provide snacks for guests.
» Coordinate parking so no one gets towed.
» Plan to protect your house from spills, dirt, and other damage.

» Have one main entrance and close other access routes such as windows to regulate who you want at the party.
» Close doors to bedrooms and private areas to protect your personal belongings and property.
» Keep the party people and drinks inside the residence.
» Have sober monitors check ID’s, don’t let minors in.
» Watch your guests for possible signs of alcohol poisoning and stop service of alcohol to intoxicated guests.
» Call the non-emergency police line if your party starts to get out of control. [541-682-5111]
» Make sure your guests get home safely! Plan to have DDs available or give local transportation a call.
» Remember, as a party host, you’re liable for the actions of people who leave your party intoxicated.

» Clean up any trash surrounding your place and anything that has spilled over to a neighbor’s property.
» Check in with your neighbors to hear feedback on the party.
» Celebrate the success of a safe and fun party!

What if someone drank too much?

» Don’t try to give the person a shower; it could lead to shock. Call 911.
» Don’t leave an intoxicated person alone. Turn them onto their side to prevent choking while vomiting.
» Don’t help them walk or “sleep it off.” If the person cannot be awakened they need medical attention.
» Don’t try to give the person food or beverages; (including water or coffee) this could cause the person to choke.

Top Safe Party Tips are based on information provided by American College Health Association and the University of California Davis.